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Echoes of Thinking that Reflect the Results

By DR N K SHARMA

We have yet to come across a person who whole-heartedly and sincerely says, 'I don't need money'. It only implies that we all need money and we all dream of having loads of it. But the question is 'How' and 'From where?' If you think that God decides our destiny or he quantifies the amount of money each one of us is destined to have, think again. You would be surprised to know that the basic and the biggest hurdle in our way towards becoming rich or creating wealth is our own self. Our age-old ideologies, concepts, teachings and preaching by our teachers, parents and society as a whole have made things worse. An ordinary man is born and brought up in an environment wherein he is taught to have limited dreams. Having intense passion or desire to earn money is considered evil. Negative affirmations such as, 'I cannot afford it', 'Not everyone is born with a silver spoon in one's mouth', 'Who will give me so much money', 'I am not competent enough to earn so much money', are not just plain, simple sentences but they have the potential to turn the entire course of our life and put it in a reverse gear,

which ultimately proves to be the bane of our life.

Blaming destiny, creating hue and cry over misfortune and circumstantial adversities of life, considering ourselves unlucky and other such figments of mind have done more harm to our spiritual and material growth than the actual and real problems of life. Needless to say that unless we keep considering money to be the root cause of all evils, tensions and conflicts; we can never earn money and become wealthy. Most people who remain poor and are unable to attain success and material heights are either those who think that they can't handle too much wealth or are those who have dreamt of making it big but have not done anything to realise their dream. It is important to note here that the only cause of a dream not getting fulfilled is the lack of emotion and intense desire to achieve it. Emotion, which can also be considered to have two constituents viz., energy and motion, is primarily the driving force behind realization of a dream.

People spend a lot of time thinking about the things they want. They perhaps give an entire focus on a dream they had aspired for years. But still they find themselves nowhere and



thus either compromise with the goal or drop themselves down in the phase of high depression.

Turning the light on does not always mean aspiring for things you want. It also means putting hard work and patience to achieve it. Finding ways and dealing with them is the best ap-

proach. Focusing on eliminating what you don't want is like being in a dark room and trying to push away all the darkness from you. The darkness is an absence; it has no vibration and doesn't respond to your desires.

Generally, people tend to do plenty of blunders while following their path

and thereafter complain about the bad results they had achieved. Why to complain? Why not to realise the importance of time and work accordingly?

Successful people start with a deep inner self-belief. It has been proved that self-belief is more important than intelligence, education

or connections in terms of life-long achievement. Everyone has something significant to contribute. Always try to feel the conviction of your capabilities.

If you have no destination then your journey is haphazard. If you write down ambitious but achievable goals, then you are already on the road of accomplishing them. The earth has a soul and is changing. We can change the way we feel instantly. The universe always holds us accountable. Your energy speaks louder than your words.

Misfortunes occur because of pity things done by us and which are never realised. You must be wasting 50 per cent of your productive time in socialising with people. The sad part is people know it but can't stop it. Better imagine yourself achieving your goals. It's interesting and exciting as well. Relish the experience of your book being published, becoming an artist, of giving the speech to rapturous applause, of winning the race, of living your dream. More you'll frame this picture, lesser distractions will happen. Just focus, from whole-hearted concentration, put all your energy and miracles will happen!

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